

Kido Inoue Roshi

Born in 1940, he took his first religious vows at thirteen. In 1962, he received a Bachelor of Arts degree in Oriental Philosophy at Aichi University. From 1962 to 1984, he practised at Shorinkutsu Seminary under Gikoh Inoue Roshi and Daichi Inoue Rohni. In 1981, he was appointed to be head priest of Kaizoji, and in 1984, he became the Fifth Abbot of Shorinkutsu Seminary. He has written several books on Zen in Japanese; *Zazen - the Way to Awakening* is the first of his books to have an English translation.